SIDES

Black, Pinto or Refried Beans  
2.00 4.00
Mexican Rice  
2.00 4.00
Salsa Fresca  
.75 1.50 3.75
Salsa Verde  
.75 1.50 3.75
Salsa del Diablo  
.75 1.50 3.75
Salsa de Mole  
.75 1.50 3.75
Guacamole  
.75 1.50 3.75
Sour Cream  
.75 1.50 3.75
House Dressings  
.75 1.50 3.75

Our mission is to provide fresh, healthy, authentic food at a fast pace. We proudly make everything from scratch and strive to make all of our customers feel like family.

Greenwich Bay Gourmet and Tio Mateo’s are a work in constant progress. We are excited to keep evolving and growing and we thank you for taking this journey with us.

Ross DiSegna

PREPARED FOODS TO GO
HOUSE MADE SOUPS
BAKED GOODS

VOTED
BEST Gourmet To Go
BEST Mexican Food Take Out

2 RESTAURANTS UNDER 1 ROOF

Tió Mateo’s
MEXICAN GRILLE

401.886.1973
LUNCH AND DINNER AVAILABLE
10:00am to 8:00 pm
Monday through Saturday

70 CLIFF STREET
EAST GREENWICH, RI

TIOS-GBG.COM

We Cater

Rhode Island Monthly’s best
OF RHODE ISLAND

Rhode Island Monthly’s best
OF RHODE ISLAND
STARTERS

**CHIPS & SALSA FRESCA**  Sm. 2.50  Lg. 5.00

**CHIPS & GUACAMOLE**  Sm. 3.00  Lg. 6.00

**CHIPS & SALSA & GUACAMOLE**  Sm. 4.00  Lg. 8.00

**SEVEN LAYER DIP** - Beans, cheese, lettuce, tomato, sour cream, guacamole. Served with basket of chips 6.95  with chicken 7.95  with steak 8.95

**HOUSE SALAD** - Greens, radishes, tomato, red onion, queso fresco, cilantro citrus vinaigrette 4.75

**SALADS**  *All dressings made in house*

**SOUTHWEST** - Mesclun greens, roasted corn salsa, red peppers, black beans and Ancho chile vinaigrette.  With chicken 9.95  With steak 10.95

**TOSTADA SALAD** - Crispy flour tortilla topped with pinto beans, melted jack and cheddar cheese, shredded iceberg, tomato fresca salsa, guacamole, sour cream.  With chicken 9.95  With steak 10.95

**ENSALADA CAMARONE** - Grilled Cilantro Lime Shrimp, romaine, red pepper slaw, mango, queso fresco, cilantro citrus vinaigrette.  11.50

**ENSALADA MAMA DANA** - Mesclun greens, tomatoes, radishes, red onion, queso fresco, pepitas, baked tortilla strips, cilantro citrus vinaigrette. With chicken 9.95  With steak 10.95

BURRITOS

**EL MATEO SUPREMO** - Grilled chicken or steak, jack and cheddar cheese, Mexican rice, pinto beans, tomato fresca salsa, guacamole and sour cream.  With chicken 8.95  With steak 9.95

**FAJITA BURRITO** - Grilled chicken or steak, sauteed onions, red and green peppers, Mexican rice, pinto beans, tomato fresca salsa and sour cream.  With chicken 8.95  With steak 9.95

**BURRITO DEL MAR** - Cilantro Lime Shrimp, salsa verde, roasted corn salsa, Mexican rice, queso fresco and sour cream.  9.95

**VEGGIE BURRITO** - Sauteed green and yellow zucchini, peppers, onions, tomatoes, roasted corn salsa, black beans, queso fresco.  7.95

**MI TIA FLAQUITA** - (low fat) Grilled chicken or steak, tomato fresca salsa, black beans, roasted red peppers, lettuce, fat free sour cream on a whole wheat tortilla. With chicken 8.95  With steak 9.95

**BEAN & CHEESE BURRITO** - Refried beans, jack and cheddar cheese  6.50

Burrito Bowls are available, just ask!

QUESADILLAS

Served with sour cream, tomato fresca salsa, jack and cheddar cheese. Guacamole offered upon request.

**CHEESE QUESADILLA**  7.50

**CHICKEN QUESADILLA**  8.95

**STEAK QUESADILLA**  9.50

**SHRIMP QUESADILLA**  9.95

**VEGGIE QUESADILLA**  8.50

Zucchini, corn, onions, peppers and tomatoes
**STREET TACOS**
Soft corn tortilla stuffed with shredded lettuce and fresh cilantro. Each 3.00

**CHOICE OF STUFFING:**
Adobo marinated chicken, steak or pork

**CHOICE OF SALSA:**
Tomato Fresca, Verde, Del Diablo

**PLATOS:** THREE TACOS
Served with rice and refried beans. 10.95

**ENCHILADAS**
Corn tortilla rolled with cheese, baked and topped with salsa, lettuce, Mexican sour cream and queso fresco. Each 3.00

**CHOICE OF STUFFING:**
Adobo marinated chicken, steak or pork

**CHOICE OF SALSA:** Verde or Mole

**PLATOS:** THREE ENCHILADAS
Served with rice and refried beans. 10.95

**CHILDREN’S MENU**
12 and under, please.
Served with tortilla chips and a juice box 5.50
Add chicken 6.50

**EL NIÑO BURRITO** - Cheese and beans

**QUESADILLA** - Grilled flour tortilla stuffed with melted cheddar and jack cheese

**TACO** - Soft corn tortilla with lettuce and cheese

**CHEESE ENCHILADA** - Soft corn tortilla baked and filled with cheese

**ENTREES**

**TIO’S HALF ROASTED CHICKEN**
Dry rubbed with Mexican spices, served with rice and side salad. 12.95

**SHRIMP DIABLO** - Six jumbo shrimp in a spicy tomato chipotle sauce over rice with a red pepper slaw. 12.95

**PORK COLORADO** - Tender pork loin marinated in a rich tomato chile sauce. Served with rice and side salad. 12.50

**FISH TACO DINNER** - Two roasted Tilapia tacos with red pepper slaw, cilantro and ancho sauce. Served with rice and side salad. 10.95

**CHILES RELLENOS CON QUESO**
One poblano chiles stuffed with Mexican fry cheese topped with a rich tomato sauce. Served with rice and refried. 9.95

**SIZZLING FAJITAS** - Served with 3 tortillas, tomatoes, lettuce, sour, cheese and salsa. Additional tortillas upon request for a small upcharge.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Chicken</td>
<td>12.95</td>
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<tr>
<td>Steak</td>
<td>14.95</td>
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<tr>
<td>Shrimp</td>
<td>16.95</td>
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<tr>
<td>Combo</td>
<td>13.95</td>
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<tr>
<td>Combo w/ Shrimp</td>
<td>15.95</td>
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**DESSERTS**

**S’MORES QUESADILLA**  3.50
Grilled flour tortilla with melted marshmallows & chocolate

**CONGO SQUARE**  1.95
Coconut, peanut butter & chocolate chips

**LEMON SQUARES**  1.95

**DOUBLE FUDGE BROWNIES**  1.95

**COOKIES THE SIZE OF YOUR HEAD**  2.75

**BEVERAGES**
Sodas & Waters | Jarritos | Citrus Iced Tea | Beer & Wine
SALADS
~ All dressings made in house ~

CLASSIC CAESAR SALAD
Romaine, house-made croutons, parmesan 6.50
with chicken 8.50 with jumbo shrimp 12.50

CHOPPED SALAD
Romaine, red onion, gorgonzola, caramelized walnuts, apples, champagne vinaigrette 7.95
with chicken 9.95

SPINACH SALAD
Tomatoes, bacon, provolone, mushrooms balsamic vinaigrette 7.95
with chicken 9.95

CHINESE CHICKEN SALAD
Romaine, mandarin oranges, chow mein noodles, almonds, scallions with peanut dressing 9.95

GREEK SALAD
Greens, cucumbers, onions, feta cheese, tomatoes, kalamata olives 7.95
with chicken 9.95

SANDWICHES
~ served with chips ~

CHICKEN WRAP
Roasted tomato, caramelized onions, field greens, herb goat cheese spread 8.95

TUSCAN
Pesto spread, provolone, roasted red peppers, grilled chicken, on focaccia 8.95

ROASTED VEGGIE WRAP
Portabella, red pepper, zucchini, yellow squash, fresh spinach, sun-dried tomato spread 8.95

CALIFORNIA TURKEY COBB WRAP
Bacon, tomato, gorgonzola, romaine, avocado cream cheese 8.95

THANKSGIVING TURKEY
House made stuffing, cranberry sauce, mixed greens on a french roll 8.95

BBQ PORK
House smoked pork, tangy sauce, melted cheddar, red onions on a french roll 8.95

ROAST BEEF
Vermont cheddar, horseradish dill spread, field greens on house made focaccia 8.95

HAM & BRIE
Caramelized onions, honey mustard, melted brie served warm on a french roll 8.95

CHICKEN OR TUNA SALAD
With lettuce and tomato with your choice of bread 8.95

COMBINATIONS
Half mixed greens or Caesar Salad
~ with ~
Soup, frittata, pizza or half sandwich 9.95
Any other salad 1.00 extra