

SIDES

	SMALL	MEDIUM	LARGE
Black, Pinto or Refried Beans	2.50		5.00
Mexican Rice	2.50		5.00
Salsa Fresca	.85	1.65	3.95
Salsa Verde	.85	1.65	3.95
Salsa del Diablo	.85	1.65	3.95
Salsa de Mole	.85	1.65	3.95
Guacamole	.95	1.75	4.95
Sour Cream	.85	1.65	3.95
House Dressings	.85	1.65	3.95



GREENWICH BAY
GOURMET

2 RESTAURANTS UNDER 1 ROOF

*Our mission is to provide fresh, healthy,
authentic food at a fast pace.*

*We proudly make everything from
scratch and strive to make all of our
customers feel like family.*

*Greenwich Bay Gourmet and Tio Mateo's
are a work in constant progress.*

*We are excited to keep evolving and
growing and we thank you for
taking this journey with us.*

Ross DiSegna

PREPARED FOODS TO GO
HOUSE MADE SOUPS
BAKED GOODS

Tio Mateo's
MEXICAN GRILLE

401.886.1973

LUNCH AND DINNER AVAILABLE

10:00am to 8:00 pm

Monday through Saturday

**70 CLIFF STREET
EAST GREENWICH, RI**

TIOS-GBG.COM



VOTED
BEST Gourmet To Go
BEST Mexican Food Take Out

WE CATER





GREENWICH BAY

GOURMET

SALADS

~ All dressings made in house ~

CLASSIC CAESAR SALAD

Romaine, house-made croutons, parmesan 7.50
with chicken 9.50 with jumbo shrimp 13.50

CHOPPED SALAD

Romaine, red onion, gorgonzola, caramelized walnuts, apples, champagne vinaigrette 7.95
with chicken 9.95

SPINACH SALAD

Tomatoes, bacon, provolone, mushrooms
balsamic vinaigrette 7.95
with chicken 9.95

CHINESE CHICKEN SALAD

Romaine, mandarin oranges, chow mein noodles,
almonds, scallions with peanut dressing 9.95

GREEK SALAD

Greens, cucumbers, onions, feta cheese, tomatoes,
kalamata olives 7.95
with chicken 9.95

fresh

SOUP OF THE DAY

SANDWICHES

~ served with chips ~

CHICKEN WRAP

Roasted tomato, caramelized onions, field greens, herb goat cheese spread 8.95

TUSCAN

Pesto spread, provolone, roasted red peppers, grilled chicken, on focaccia 8.95

ROASTED VEGGIE WRAP

Portabella, red pepper, zucchini, yellow squash, fresh spinach, sun-dried tomato spread 8.95

CALIFORNIA TURKEY COBB WRAP

Bacon, tomato, gorgonzola, romaine, avocado cream cheese 8.95

TURKEY BERRY MELT

Turkey, house-made focaccia stuffing w/
sausage, brie cheese, cranberry mayo and arugula on a toasted french roll 9.95

BBQ PORK

House smoked pork, tangy sauce, melted cheddar, red onions on a french roll 8.95

ROAST BEEF

Vermont cheddar, horseradish dill spread, arugula on house made focaccia 8.95

HAM & BRIE

Caramelized onions, honey mustard, melted brie served warm on a french roll 8.95

CHICKEN OR TUNA SALAD

With lettuce and tomato with your choice of bread 8.95

COMBINATIONS

Half mixed greens or Caesar Salad
~ with ~

Soup, frittata, pizza or half sandwich 9.95
Any other salad 1.00 extra

Ti^o Mateo's

MEXICAN GRILLE

STARTERS

CHIPS & SALSA FRESCA Sm. 2.50 Lg. 5.00

CHIPS & GUACAMOLE Sm. 3.00 Lg. 6.00

CHIPS & SALSA & GUACAMOLE
Sm. 4.00 Lg. 8.00

SEVEN LAYER DIP - Beans, cheese, lettuce, tomato, sour cream, guacamole. Served with basket of chips 7.95 with chicken 8.95 with steak 9.95

HOUSE SALAD - Greens, radishes, tomato, red onion, queso fresco, cilantro citrus vinaigrette 4.75

SALADS ❖ All dressings made in house

SOUTHWEST - Mesclun greens, roasted corn salsa, red peppers, black beans and Ancho chile vinaigrette. With chicken 9.95 With steak 10.95

TOSTADA SALAD - Crispy flour tortilla topped with pinto beans, melted jack and cheddar cheese, shredded iceberg, tomato fresca salsa, guacamole, sour cream. With chicken 9.95 With steak 10.95

ENSALADA CAMARONE - Grilled Cilantro Lime Shrimp, romaine, red pepper slaw, queso fresco, cilantro citrus vinaigrette. 11.95

ENSALADA MAMA DANA - Mesclun greens, tomatoes, radishes, red onion, queso fresco, pepitas, baked tortilla strips, cilantro citrus vinaigrette. With chicken 9.95 With steak 10.95

BURRITOS

EL MATEO SUPREMO - Grilled chicken or steak, jack and cheddar cheese, Mexican rice, pinto beans, tomato fresca salsa, guacamole and sour cream. With chicken 8.95 With steak 9.95

FAJITA BURRITO - Grilled chicken or steak, sautéed onions, red and green peppers, Mexican rice, pinto beans, tomato fresca salsa and sour cream. With chicken 8.95 With steak 9.95

BURRITO DEL MAR - Cilantro Lime Shrimp, salsa verde, roasted corn salsa, Mexican rice, queso fresco and sour cream. 9.95

VEGGIE BURRITO - Sauteéd green and yellow zucchini, peppers, onions, tomatoes, roasted corn salsa, black beans, queso fresco. 7.95

MI TIA FLAQUITA - (low fat) Grilled chicken or steak, tomato fresca salsa, black beans, roasted red peppers, lettuce, fat free sour cream on a whole wheat tortilla. With chicken 8.95 With steak 9.95

BEAN & CHEESE BURRITO - Refried beans, jack and cheddar cheese 6.95

Burrito Bowls are available, just ask!

QUESADILLAS

Served with sour cream, tomato fresca salsa, jack and cheddar cheese. Guacamole offered upon request.

CHEESE QUESADILLA 7.95

CHICKEN QUESADILLA 8.95

STEAK QUESADILLA 9.95

SHRIMP QUESADILLA 9.95

VEGGIE QUESADILLA 8.95

Zucchini, corn, onions, peppers and tomatoes

MUCHO MAS ➡

STREET TACOS

Soft corn tortilla stuffed with shredded lettuce and fresh cilantro. Each 3.00

CHOICE OF STUFFING:

Adobo marinated chicken, steak or pork

CHOICE OF SALSA:

Tomato Fresca, Verde, Del Diablo

PLATOS: THREE TACOS

Served with rice and refried beans. 10.95

ENCHILADAS

Corn tortilla rolled with cheese, baked and topped with salsa, lettuce, Mexican sour cream and queso fresco. Each 3.00

CHOICE OF STUFFING:

Adobo marinated chicken, steak or pork

CHOICE OF SALSA: Verde or Mole

PLATOS: THREE ENCHILADAS

Served with rice and refried beans. 10.95

CHILDREN'S MENU

12 and under, please.

Served with tortilla chips and a juice box 5.50

Add chicken 6.50

EL NIÑO BURRITO - Cheese and beans

QUESADILLA - Grilled flour tortilla stuffed with melted cheddar and jack cheese

TACO - Soft corn tortilla with lettuce and cheese

CHEESE ENCHILADA - Soft corn tortilla baked and filled with cheese

ENTREES

TIO'S HALF ROASTED CHICKEN

Dry rubbed with Mexican spices, served with rice and side salad. 15.95

SHRIMP DIABLO - Six jumbo shrimp in a spicy tomato chipotle sauce over rice with a red pepper slaw. 13.95

PORK COLORADO - Tender pork loin marinated in a rich tomato chile sauce. Served with rice and side salad. 13.50

FISH TACO DINNER - Two roasted Tilapia tacos with red pepper slaw, cilantro and ancho sauce. Served with rice and side salad. 11.95

SIZZLING FAJITAS - Served with 3 tortillas, tomatoes, lettuce, sour, cheese and salsa. Additional tortillas upon request for a small upcharge.

Chicken	15.95
Steak	17.95
Shrimp	18.95
Combo	16.95
Combo w/ Shrimp	17.95

DESSERTS

S'MORES QUESADILLA 3.95

Grilled flour tortilla with melted marshmallows & chocolate

CONGO SQUARE 1.95

Coconut, peanut butter & chocolate chips

LEMON SQUARES 1.95

DOUBLE FUDGE BROWNIES 1.95

COOKIES THE SIZE OF YOUR HEAD 2.75

BEVERAGES

Sodas & Waters

Jarritos

Citrus Iced Tea

Beer & Wine