

## SIDES

	SMALL	MEDIUM	LARGE
Black, Pinto or			
Refried Beans	2.75		5.50
Mexican Rice	2.75		5.50
Salsa Fresca	.95	1.90	4.95
Salsa Verde	.95	1.90	4.95
Salsa del Diablo	.95	1.90	4.95
Salsa de Mole	.95	1.90	4.95
Guacamole	1.15	2.30	5.95
Sour Cream	.95	1.90	4.95
House Dressings	.95	1.90	4.95
Tio's Queso		2.90	5.90

*Our mission is to provide fresh, healthy,  
authentic food at a fast pace.*

*We proudly make everything from  
scratch and strive to make all of our  
customers feel like family.*

*Tio Mateo's and Greenwich Bay Gourmet  
are a work in constant progress.*

*We are excited to keep evolving and  
growing and we thank you for  
taking this journey with us.*

**Ross DiSegna**

**PREPARED FOODS TO GO  
HOUSE MADE SOUPS  
GLUTEN FREE OPTIONS  
AVAILABLE, JUST ASK!**



**VOTED  
BEST Lunch Spot  
BEST Latin Restaurant**



**GREENWICH BAY  
GOURMET**

**2 RESTAURANTS UNDER 1 ROOF**

**Tío Mateo's**  
**MEXICAN GRILLE**

**401-886-1973**

**LUNCH AND DINNER AVAILABLE**

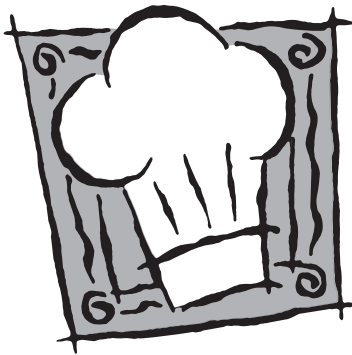
10:00am to 8:00pm

Monday through Saturday

**70 CLIFF STREET  
EAST GREENWICH, RI**

**TIOS-GBG.COM**





## GREENWICH BAY

---

### GOURMET

### SALADS

- ALL DRESSINGS MADE IN HOUSE -

#### CLASSIC CAESAR SALAD

Romaine, house-made croutons, parmesan 11.95  
with chicken 13.95 with jumbo shrimp 16.95

#### CHOPPED SALAD

Romaine, red onion, gorgonzola, caramelized walnuts, apples, champagne vinaigrette 11.95  
with chicken 13.95

#### CHINESE CHICKEN SALAD

Romaine, mandarin oranges, chow mein noodles, almonds, scallions with peanut dressing 13.95

#### FARRO SALAD

Roasted cauliflower, feta cheese, walnuts, toasted red onion, arugula, portabella mushroom, apple cider vinaigrette 12.95 with chicken 14.95

### COMBINATIONS

Half mixed greens or Caesar Salad  
- with -  
Soup 12.95



## SANDWICHES

- served with chips -

### CHICKEN WRAP

Tomato, caramelized onions, mixed greens, herb goat cheese spread 11.95

### CAPRESE SANDWICH

Fresh mozzarella, pesto, tomato, arugula, balsamic dressing on toasted ciabatta 11.95

### TURKEY BERRY MELT

House-made focaccia stuffing w/sausage, brie cheese, cranberry mayo and arugula on a toasted french roll 11.95

### BBQ PORK

House smoked pork, tangy sauce, melted cheddar, red onions on a french roll 11.95

### CHIPOTLE TURKEY

Applewood smoked bacon, avocado, cheddar cheese, arugula, chipotle aioli on toasted focaccia 12.95

### TRUFFLE BLT

Applewood smoked bacon, tomato, arugula, white truffle aioli on toasted multigrain bread 12.95

### CHICKEN CAESAR WRAP

Romaine lettuce, Parmesan cheese, focaccia bread croutons 11.95

### TUNA MELT

Provolone & cheddar cheese on multigrain bread 12.95

### CHICKEN SALAD

Greens, tomato, cheddar cheese on ciabatta bread \$11.95

### TUSCAN 2.0

Breaded chicken cutlet, provolone cheese, red roasted peppers, pesto on toasted focaccia bread 13.95



## STARTERS

### CHIPS & SALSA FRESCA

Sm. 4.00 Lg. 7.50

### CHIPS & GUACAMOLE

Sm. 4.25 Lg. 8.50

### CHIPS & SALSA & GUACAMOLE

Sm. 5.50 Lg. 9.95

### CHIPS & TIO'S QUESO

Sm. 5.10 Lg. 8.95

**SEVEN LAYER DIP** - Refried beans, cheese, lettuce, tomato, sour cream, guacamole. Served with basket of chips 10.50 with Adobo Chicken 11.95 with Barbacoa 12.95

**HOUSE SALAD** - Greens, radishes, tomato, red onion, queso fresco, cilantro citrus vinaigrette 6.95

## SALADS ❖ All dressings made in house

**SOUTHWEST** - Mixed greens, roasted corn salsa, red roasted peppers, black beans and Ancho chile vinaigrette. With chicken 13.95 With steak 14.95

**TOSTADA SALAD** - Crispy flour tortilla topped with pinto beans, melted jack/cheddar cheese, shredded iceberg, fresca salsa, guacamole, sour cream. With chicken 13.95 With steak 14.95

**ENSALADA CAMARONE** - Cilantro lime shrimp, romaine, red pepper slaw, mango, queso fresco, cilantro citrus vinaigrette. 15.95

**ENSALADA MAMA DANA** - Mixed greens, tomatoes, radishes, red onion, queso fresco, pepitas, baked tortilla strips, cilantro citrus vinaigrette. With chicken 13.95 With steak 14.95

## BURRITOS

**EL MATEO SUPREMO** - Grilled chicken or steak, jack/cheddar cheese, Mexican rice, pinto beans, fresca salsa, guacamole and sour cream. With chicken 11.95 With steak 12.95

**FAJITA BURRITO** - Grilled chicken or steak, sauteed onions, red and green peppers, Mexican rice, pinto beans, fresca salsa and sour cream. With chicken 11.95 With steak 12.95

**BURRITO DEL MAR** - Cilantro lime shrimp, salsa verde, roasted corn salsa, Mexican rice, queso fresco and sour cream. 12.95

**VEGGIE BURRITO** - Sauteed green and yellow zucchini, peppers, onions, tomatoes, roasted corn salsa, black beans, mexican rice and guacamole on a wheat wrap. 11.50

**BEAN & CHEESE BURRITO** - Refried beans, jack/cheddar cheese 7.95

**AL PASTOR BURRITO** - Al Pastor pork, Mexican rice, black beans, white onion, cilantro, jack/cheddar cheese, sour cream and salsa verde. 12.95

## BURRITO BOWLS ARE AVAILABLE, JUST ASK!

## QUESADILLAS

Grilled flour tortilla stuffed with melted jack/cheddar cheese. Served with fresca salsa and sour cream. Guacamole offered upon request.

**CHEESE QUESADILLA** 10.95

**CHICKEN QUESADILLA** 11.95

**STEAK OR BARBACOA QUESADILLA** 12.95

**SHRIMP QUESADILLA** 12.95

**AL PASTOR QUESADILLA** 12.95

**VEGGIE QUESADILLA** 11.95

Sauteed onions, peppers and zucchini with corn and spinach

MUCHO MAS ➡

## STREET TACOS

Double wrapped soft corn tortillas with white onion & cilantro. Served with lime wedges and salsa. Each 4.50

### CHOICE OF STUFFING:

Adobo chicken, Barbacoa, Al Pastor, Shrimp or Carne Asada

### CHOICE OF SALSA:

Tomato Fresca, Verde, Del Diablo

### PLATOS: THREE TACOS

Served with rice and refried beans. 14.50

## ENCHILADAS

Corn tortilla rolled with cheese, baked and topped with salsa, lettuce, Mexican sour cream and queso fresco. Each 4.50

### CHOICE OF STUFFING:

Adobo chicken, Barbacoa or Al Pastor

### CHOICE OF SALSA: Verde or Mole

### PLATOS: THREE ENCHILADAS

Served with rice and refried beans. 14.50

## CHILDREN'S MENU

12 and under, please.

Served with tortilla chips and a juice box 7.95

Add chicken 1.00

**EL NINO BURRITO** - Cheese and refried beans

**QUESADILLA** - Grilled flour tortilla stuffed with melted jack/cheddar cheese

**TACO** - Soft corn tortilla with lettuce and cheese

**GRILLED CHEESE** - Provolone & cheddar cheese on toasted multigrain bread 9.95

## ENTREES

### TIO'S HALF ROASTED CHICKEN

Dry rubbed with Mexican spices, served with rice and side salad. 17.95

**FISH TACO DINNER** - Two roasted Tilapia tacos with red pepper slaw, cilantro and ancho sauce. Served with rice and side salad. 14.95

**SIZZLING FAJITAS** - Served with 3 tortillas, tomatoes, lettuce, sour, cheese and salsa. Additional tortillas upon request for a small upcharge.

Chicken	18.00
Steak	20.00
Shrimp	21.00
Combo	19.00
Combo w/ Shrimp	20.00

## DESSERTS

**LEMON SQUARES 2.95**

**DOUBLE FUDGE BROWNIES 2.95**

**COOKIES THE SIZE OF YOUR HEAD 4.25**

**HOUSE MADE TRES LECHES 6.50**

PLEASE INFORM US OF ANY FOOD ALLERGIES OR DIETARY RESTRICTIONS WHEN PLACING YOUR ORDER

## BEVERAGES

Sodas & Waters | Jarritos | Citrus Iced Tea | Beer & Wine